PAGE 10 HPHA THE HIGHLANDER April, 2016

VOLUNTEERS

- "The purpose of life is not to be happy-but to matter; to be productive, to be useful, to have it make some kind of difference that you have lived at all."
 - Leo Rosten
- "Volunteers do not necessarily have the time; they just have the heart."
 - Elizabeth Andrew
- Those who bring sunshine to the lives of others cannot keep it from themselves." -James Matthew Barrie
- I am only one, but I am one. I cannot do everything, but I can do something.
 And I will not let what I cannot do interfere with what I can do."
 - Edward Everett Hale
- "Nobody can do everything, but everyone can do something."
 - Author Unknown
- "Act as if what you do makes a difference." -William James
- "Volunteers don't get paid, not because they are worthless, but because they are priceless." - Sherry Anderson
- Here's to all volunteers, those dedicated people who believe in all work and no pay." - Robert Orben
- "What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal." -Albert Pike
- You give but little when you give of your possessions. It is when you give of yourself that you truly give." - Kahlil Gibran
- "You make a living by what you get, but you make a life by what you give."
 - Author Unknown

"Happiness is being a Habitat for Humanity Volunteer."

- Donna Brightman





Housing Authority of the Borough of Highland Park

242 South 6th Avenue Highland Park, NJ 08901 Phone: (732) 572-4420

Fax: (732) 985-6485

April 2016

FROM THE EDITO

We made it! Welcome to season of flowers, red brearbins, furry little bunny ral and hopefully beautiful wellook forward to getting flower gardens going and lour resident master gardner anne and Chuck to get the den gloves and digging to and start creating our beautiflower gardens!

Glad to report that our notivities program with the here aster Seals trainee Bonn Bonanno has got off to a swe encourage more residentake advantage of this program to stroll downstairs, grab a coffee, chit chat with your bors and do some quiet at This is a nice and easy was cialize so please do join.

I hope you have all notice own individual notice board placed on each floor. How caution you that these board not necessarily include all of importance and interest must make a habit of read two main notice boards on floor by the elevators.

HAPPÝ SPRING! RUNI SRIWARDENA

RENT

Rent is due on the 1st.



If you are using the rent box, your check must be in the box before <u>4 PM</u> on **April 7th**.

After 4 PM it is late—No exceptions!

*** Important***

 Do not post-date your checks. When a check is received by the Housing Authority, it must be deposited within 48 hours. We cannot deposit checks that are post-dated and cannot hold them until the following month. If you have a third party paying your rent please make sure your name & apartment number is on the check or money order.

<u>ATTENTION</u> **ALL RESIDENTS!**

THE NEXT BULK PICK-UP IN HIGHLAND PARK IS **ON APRIL 13, 2016**



WINDOW GUARD **ORIENTATION AND BRIEFING**

TO ALL SAMUEL KRONMAN RESIDENTS;

Window Guard Orientation on Thursday, April 13th, 2016 at 2:00 pm.

This will be immediately followed by a tenant meeting.

TO ALL PARK TERRACE RESIDENTS:

Window guard orientation on Thursday, April 14th, 2016 at 5:00 pm.

This will be immediately followed by a tenant meeting.

TO ALL SAMUEL KRONMAN AND PARK TERRACE RESIDENTS

Please be advised that the Pest Control Manager will be conducting the monthly/bi-monthly pest inspection of all HPHA units during the week of May 2, 2016 through May 6, 2016 and again during the week of June 6, 2016 through June 10, 2016.

You need not remain home for this inspection.

As always, thank you for your cooperation.

Management

Old age, I decided, is a have always wanted to don't agonize over it fo

HPH/

I would never trade m hair or a flatter belly. A myself. I've become my making my bed, or for I garde on my patio. I ar too many dear friends I that comes with aging.

Whose business is it i myself to those wonder over a lost love, I will. I as well forgotten—and my heart has been brol when a child suffers? B compassion. A heart ne being imperfect.

I am so blessed to have youthful laughs be fore laughed, and so many h it. I can say 'yes' and m about what other peop be wrong.

So, to answer the que

become. I am not goin

menting what could ha I don't have to have a r computer all day, lay or the beach or movie, I h others, so now I can be I sometimes feel sorry up, where we feared th to use filthy language in I am grateful to have Yes, I like being old!...

-Claire Woodworth

Page 8

HPHA THE HIGHLANDER

April 2016

Page 3

PHOTO GALLERY





SIPPING COFFEE AND CHATTING WITH BONNIE

ARTS & CRAFTS TIME WITH BONNIE



BIRTHDAY BASH TO CELEBRATE THE BIRTHDAYS OF WANDA, HOPE, SANDY & RAY—HAPPY BIRTHDAY!



GEORGENE IS ALL DRESSED UP FOR THE BIRTHDAY BASH! LOOKING GOOD, GEORGENE!

GOOD

Emotional and Mental Vita

The older we get, the less like youngster or young adult. But that combines social and phy sense of well-being given that

Social contact plays a big fact and wellness programs offer interacting with your neighbor

Here are some tips:

- 1). Physical activity: It is important your emotional and cognitive walking, balance and exercise 2). Social activity: Stay in town
- 2). Social activity: Stay in toura greater sense of well-being3). Mental activity: Challengi
- activity centers. Challenge a tents with a small group of you

Our goal is to physically, mer lives. Residents who have ideand are encouraged to contain

ACTIVITIES CALENDAR

Coffee Klatch - Monday, Apr

Diabetic Workshop—Tuesday

Mondays/ Wednesdays / Frid

Thursdays—Thursday Sharing brown bag lunch.

MARK YOUR CALENDAR

- Monday, April 11th—Coffee Klatch at 10:30 am
- Wednesday, April 13th—2:00 PM Window Guard Briefing & Tenant Meeting for Samuel Kronman Residents
- Thursday, April 14th—5:00 pm Window Guard Orientation & Tenant Meeting forPark Terrace Residents
- Tuesday, April 19th—10:30 AM Diabetic Presentation for Samuel Kronman and Park Terrace residents

Hello and Goodbye.....



We are sad to say goodbye to longtime resident Edmund Amsted who has transferred to an assisted living facility in Florida to be close to his family. Edmund was no stranger to you. A veteran and active resident, he was a faithful visitor at the Senior Center and a friendly and familiar face around Samuel Kronman. We will miss you Edmund, but wish you all the very best, good health and happiness in your new home.

A warm welcome to Evelyn Rindner, Highland Park resident who just moved into unit 4R. Please extend a hand of friendship to Evelyn.

SPRING IS HERE

Snow storms and shoveling, no longer fear
Flowers are in full bloom
Time to straighten up your room
Sunshine replaces all the gloom and doom
Came so fast like ultrasonic boom
If I have a choice, this season, my
Favorite I would choose
Fairs, parks, carnivals,
Nature trails, one can't lose
So much for self to amuse
Smell of fresh air, besides



By: Donna L. Haring, Apt. 6-H

FIRST TIME EV

To be held early May. Very tographs of their children poster board and you we submit pictures of their on your posters. Kettly come but please sign up

We invite residents to dents with their own lit name. You will be resp yours to do what you p Gardeners this year!

APRI

Y N N U F B

S

R

D

Meet the Residents & Staff

THIS MONTH WE FEATURE......



EMILY SKALTSIOTIS SAMUEL KRONMAN, Apt. 3-S

Hi, my name is Emily Skaltsiotis. I was born in Sparta, Greece on September 18, 1925. I had 4 brothers and 4 sisters of whom I have 3 brothers & 3 sisters left in Greece. I attended school up to 6th grade and then learned to be a seamstress. I lost my father and one brother to the War.

I got married in 1952 to my husband Harry. He was a cabinet maker. We moved to Athens. We had 2 children, a daughter Mina and son Antony.

In 1966 we moved to America and settled down in Highland Park. My husband found work in Edison making cabinets. While the children were in school, I worked as a seamstress in a Bridal Shop in Highland Park called Marica.

My husband passed away in 1982. My son lives in Los Angeles and my daughter lives right here in Highland Park. I have 3 grand daughters, Penelope, Emily and Hara who I love so much. Penelope is married and lives in Greece and has 3 boys. Hara lives in Florida and has 1 girl. Emily is just married. I am blessed with 4 beautiful great grandchildren.

I moved to Samuel Kronman in 1999. I love it here and have made many friends. I still crochet and am very active in my Church in Piscataway. We do a lot of community and charity work through the church.



JOSEPH THURSTON
HPHA STAFF

Hi, my name is Joe Thurston. I was born on February 17th, 1958 in Haverstraw, New York. I was one of 13 siblings, 2 of whom are deceased. My dad was a Marine Veteran and worked at Key Friez, a chemical company which made artificial sweetener. My mother worked for the State of NY at Letchworth Village, a state run facility for the mentally handicapped.

I graduated from North Rockland High School in 1976. and while in school, worked part time for WT Grants and the local bowling alley and then at Chromalloy R & T in Orangeburg, NY. I worked for my brothers Mike & ED in their construction company as a carpenter from 1980—1997. I then joined the NY DPW for the Village of Haverstraw. I did a vast spectrum of tasks for the DPW including snow clearance.

I was married in 1981 and we had 2 daughters, Elizabeth who is now married and lives in Claxton, Georgia and Amanda who is a senior in High School. I have one grand daughter, Ida Josephine who just turned one year old. She gives me great joy and I love visiting her in Georgia.

I met my significant other, Karen through E-Harmony in 2008 and moved to New Jersey in 2010.

I enjoy Nascar Racing, running, walking, going on cruises with Karen, detailing automobiles and bowling (I have 2-300 games!).

I started working for the HPHA one year ago. I enjoy my job very much and plan to be here for a long time to come!

CHEF'S C

STUFFED SLOW COOKE (Yields 2 servings)

2 boneless, skinless ch 1 tbs minced garlic 1 tbs. vegetable oil 1 lb. spinach 1/4 cup sour cream 1/4 cup pepper Jack ch 4 toothpicks 4 slices bacon (optional

Butterfly each chicken each side with desired a mallet, pound the chi sired thickness. Set as bowl combine spinach, and cheese. Stuff each with the stuffing. Roll to desired, wrap the chick with toothpicks to hold your slow-cooker on hi about 2-3 hours or untiand juicy. Remove too en and serve.

Garnish with extra che

HIL

A radio station prank took phone company will be cle seems, by blowing air into of the earpiece and mouth Consequently, the phone

over the handsets of the te Stores reported a run on station retract the original