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Housing Authority of the Borough of Highland Park



December 2019

THE HIGHLANDER

HAPPY HOLIDAYS!

We all know how we celebrate the holidays but let's learn about some strange Holiday Traditions from around the world!

We are happily approaching the last lap and the finish line is within site now for the RAD renovations! Since the last issue, we are happy to report that all of the bathrooms are done, the locks have been replaced, the entire building including the stair wells have been painted and the flooring on the 1st floor and in the lobby has been replaced. A lot of upgrades and renovations were tackled in a short period of time. Thanks to you for your patience.

December is a month of festivity, cheer and celebration. Hope you all have a reason to celebrate and share some good cheer. Thanks to those residents who took the initiative to decorate the building.

We escaped with a couple of minor snow events so far but I guess much more to come? Please stay safe and warm.

HAPPY HOLIDAYS!
RUNI SRIWARDENA

La Befana, Italy: Santa Claus is not the highlight in Italy come Christmas Eve. An ugly, but kind, old witch is known as Befana (giver of gifts) controls giving the gifts. Parents will leave out a plate of broccoli with spiced sausage and a glass of wine for Befana. Tradition says the good witch flies around on her broom and enters the houses through the chimney!

KFC Dinner, Japan: In Japan, Christmas isn't really celebrated, but Kentucky Fried Chicken sure is! Yes, people eat KFC on December 25th instead of a homemade meal. The Colonel's special recipe is so popular that the chain asks customers to place their orders at least 2 months in advance!

Caroling with dead horses—Wales: From the time of Christmas to late January the celebration of Mari Lwyd is supposed to bring good luck. One person will dress as a horse with an actual horse skull and is usually accompanied by a group of people. The group will go to homes singing carols in exchange for food and drinks!

Spider Web Tree—Ukraine: Christmas trees in Ukraine are often covered in spider webs. Folklore tells the story of a poor family who grew a Christmas tree from a pinecone. The family being poor were not able to decorate it for Christmas. When they woke up on Christmas morning, they found spiders had spun webs around the tree's branches. Today, Ukrainians dress up their trees with spider webs to welcome good luck into the coming year.

The Yule Cat—Iceland: The Yule Cat is a huge and vicious cat from Icelandic folklore, that lurks during Christmas and eats people who have not received any new clothes to wear before Christmas Eve. It began as a threat and incentive used by farmers for their workers to finish processing the autumn wool before Christmas. The ones who were fast and took part in the work would be rewarded with new clothes, but those who did not would get nothing and thus would be eaten by the monstrous Yule Cat!

RENT

Rent is due on the 1st.



If you are using the rent box, your check must be in the box before 4 PM on December 7th.

After 4 PM it is late—No exceptions!

*** **Important*****

- ♦ Do not post-date your checks. When a check is received by the Housing Authority, it must be deposited within 48 hours. We cannot deposit checks that are post-dated and cannot hold them until the following month. If you have a third party paying your rent please make sure your name & apartment number is on the check or money order.

ATTENTION

ALL RESIDENTS!

THE NEXT BULK

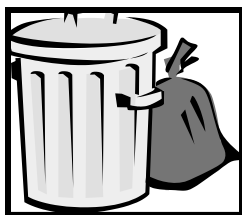
PICK-UP IN

HIGHLAND PARK IS

ON DECMEBR 11, 2019

POSITIVELY NO DUMPING

IN BETWEEN



DECEMBER IN HISTORY

Dec. 1, 1918—Iceland was granted independence by the Danish Parliament.

Dec. 1, 1955—The birth of the modern American Civil Rights movement occurred as Rosa Parks was arrested in Montgomery, Alabama, for refusing to give up her seat to a white man and move to the back.

Dec. 2, 1982—The first permanent artificial heart was implanted in 61 year old Barney C. Clark by Dr. William De Vries at the University of Utah Medical Center in Salt Lake City. Clark, who was near death at the time of the operation, survived 112 days after the implantation.

Dec. 2, 1954—The U.S Senate condemned Senator Joseph McCarthy for misconduct following his ruthless investigations of thousands of alleged Communists.

Dec. 3, 1984—A deadly gas leak (of methyl isocyanate) at a Union Carbide plant in Bhopal India killed at least 3,000 people and injured more than 20,000.

Dec. 5, 1791—Wolfgang Amadeus Mozart died a pauper at age 35 in Vienna, Austria.

Dec. 6, 1877—At his laboratory in West Orange, New Jersey, Thomas Edison spoke the children's verse "Mary had a Little Lamb..." while demonstrating his newly invented phonograph.

Dec. 9, 1992—Buckingham Palace announced the separation of Prince Charles and Princess of Wales, Diana.

Dec. 10, 1950—Dr. Ralph Bunche became the first African American man awarded the Nobel Peace Prize, for his efforts in mediation between Israel and nearby Arab states the previous year.

Dec. 13, 1642—New Zealand was discovered by Dutch navigator Abel Tasman of the Dutch East India Company.

Dec. 15, 1890—Sioux leader Sitting Bull was killed in a skirmish with us soldiers along the Grand River in South Dakota his warriors tried to prevent his arrest.

Dec. 17, 1777—At Valley Forge in Pennsylvania, the Continental Army led by General George Washington settled in for the winter.

Dec. 21—Winter begins in the Northern Hemisphere. In the Southern Hemisphere today is the beginning of summer.

Dec. 23, 1888—Dutch painter Vincent Van Gogh cut off his left ear during a fit of depression.

-Bonnie Bonanno, Apt. 2-F

GOOD ADVICE FROM OUR SOCIAL WORKER, KETTLY GILLES

Wash Your Hands

Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others.

Removing germs through proper hand washing helps prevent gastrointestinal and respiratory infections and may even help prevent skin and eye infections.

The CDC recommends following these five steps every time you wash your hands

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

Rinse your hands well under clean, running water.

Dry your hands using a clean towel or air dry them.

** Hand Sanitizer Gel can be used when soap and water are not available. Be sure to rub the gel over all the surfaces of your hands and fingers until your hands are dry. **

Activity Calendar

Please continue to schedule your appointments. Thank you for your patience.

Happy Holidays to you All !!!

MARK YOUR CALENDAR!

- December 11th—Bulk Pick up
- December 19th—Kronman Holiday Party
- December 31st—New Year's Eve get together—open to all Kronman residents

With apologies.....

When we mentioned our veterans at Kronman in the last issue. Barbara Gregory's name was accidentally left out. Apologies to you, Barbara. We honor you and thank you also for your service!

RESIDENT NEWS.....

- We warmly welcome the following residents who recently moved into Park Terrace.
Lillian Wilson who moved into 602 Benner.
Causandra Bailey and her little daughter Terra who moved into 206 South 7th.
Syreeta Morris and her 4 children Lahcere, Masiah, Jahlier, Serenity who
Moved into 212 South 7th. Welcome and hope you all settle in easily!
- ♦ Nice to have **Linda De Genova** back after her recent surgery. You are a brave girl!
- ♦ Happy and safe travels to **Chuck Lacaille** who is off on a world journey seeing exotic places!
- ♦ Our condolences to **Nili Miot** on the loss of her beloved pet cat Chicko of 16 years. We know how much you loved Chico.
- ♦ We will miss **Juan Abreu** who has relocated to Florida to be close to his family. Juan was a longtime resident who was always so helpful and much loved. Juan, we wish you loads of happiness and good health in your new home. We will miss you.
- ♦ We wish **Ronqing Chen** and his wife Xiang He all the best as they relocate to China to be with their family. They were short term residents but always so friendly and happy. We will miss you and we wish you all the very best.
- ♦ Our very best wishes and prayers to **Paul Sauers** who just had by-pass surgery and is now in rehab. Please get well and strong quick.
- **Joan Jordan** is so excited to be going to her brother's home for the holidays. She takes the train up all by herself!

CHEF'S CORNER**ITALIAN SAUSAGE SOUP**

1 pkg (13 oz) Italian sausage cut into
1/4 inch-thick slices

1 onion, chopped

2 cloves garlic, minced

2 cans (14 oz. each) chicken broth

1-1/2 cups water

1 can (15 oz) cannellini beans, rinsed

1 can (14.5 oz) stewed tomatoes, undrained

1 cup rotini pasta, uncooked

2 cups tightly packed torn stemmed kale

2/3 cup shredded Mozzarella Cheese

Cook sausage and onions in large skillet on medium heat 8 minutes or until sausage is evenly browned, stirring frequently and adding garlic for the last minute.

Add broth, water, beans and tomatoes and mix well. Bring to boil, stirring occasionally. Add pasta, stir. Return to boil; simmer on medium-low heat 10 minutes or until pasta is tender, stirring occasionally. Remove from heat.

Stir in kale and cover. Let stand 5 minutes or until kale is slightly wilted.

Serve topped with cheese.

Special Days of December

December 2nd—Cyber Monday

Dec. 7th—Pearl Harbor Day

Dec. 13th—National Guard Birthday

Dec. 21st—Winter begins

Dec. 23rd—Chanukah

Dec. 25th—Christmas

Dec. 26th—Kwanzaa

Dec. 27th—National Fruitcake Day

Dec. 30th—Chanukah Ends

Dec. 31st—New Year's Eve

Quotable Quotes:

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome". - Anne Bradstreet

"One kind word can warm three winter months." - Japanese Proverb

The Full "Cold" Moon is on December 12th

**SMILE AWHILE.....**

- How does a snowman get to work? By icicle
- What's St. Nicholas's favorite measurement in the metric system? The Santameter!
- Where do Christmas plants go when they want to become movie stars? Holly-wood!
- How do Christmas angels greet each other? "Halo!"
- Which of Santa's reindeers has the worst manners? RUDE-olph, of course!
- Why do Dasher and Dancer like coffee? Because they are Santa's star bucks!
- What does the Gingerbread Man use to make his bread? Cookie sheets!

THIS MONTH WE FEATURE.....**BELARIA TATUM
SAMUEL KRONMAN, APT. 3-B**

Hi, my name is Belaria Tatum but everyone knows me as Belle! I was born in Asbury Park, NJ on April 4, 1961. I have 3 brothers and 5 sisters. We moved to Somerset, NJ in 1968. I graduated from Franklin High School in 1979. I then attended Middlesex County Votec and graduated as a Unit Secretary in 1989.

I first worked at Walmart in North Brunswick as a front store and lay away cashier. Then I was employed by Robert Wood Johnson Hospital in New Brunswick and worked in the clerical Engineering Department doing data entry. I worked there for seven years.

Unfortunately, I got into a serious car accident which caused blood clots in my lungs and forced me to stop working anymore.

I stayed in many places with many people until I was able to finally move into Samuel Kronman on March 6, 2017. I have met a lot of new friends here and like to get involved in all the different activities. The staff is very kind and helpful to me.

I recently had the opportunity to meet our mayor in Highland Park. She is a very nice person.

TAX CREDIT RECERTIFICATIONS FOR KRONMAN

As was announced and discussed at the RAD briefing and lease signing in September, every resident at Kronman must be recertified under the Tax credit guidelines. This is mandatory to ensure your continued eligibility under the Tax Credit program. You will be receiving a checklist of required items. Please gather them together. Appointment letters have already gone out for the 1st floor and some of the 2nd floor residents. Please cooperate, we must do this to meet the requirements for your continued occupancy.

Please note that the Tax Credit annual recertification is in addition to your annual recertification which will coincide with your original move in date as usual.

NEW SOCIAL SECURITY AWARD LETTERS

You should have already or will be very soon receiving the new Social Security Award letter showing your new monthly benefit for 2020. Please bring the letter into the office so we can copy it and place it in your file for your upcoming recertification.

Please note that you will be receiving a 1.6% cost of living increase on your social security benefit.

HOLIDAY PARTY AT KRONMAN!

The annual holiday party will be held on Thursday, December 19th. Yes, there is still time to sign up. Please see Joanne Rogers 1-C or Kettly Gilles, our social worker. It will be fun, please join.

NEW YEAR'S EVE AT KRONMAN!

This year, in an effort to make sure that all residents are welcome to participate in and come to the community room to watch the New Year in, there will be one event open to you all. Please sign up . Don't stay home alone as the ball comes down!

TENANT MEETINGS

Tenant meetings will resume in the New Year once all this RAD work and construction is over. We look forward to our usual routine!

PICK UP AND DROP OFF

Please make sure the crosswalk for pedestrians is not blocked when you are being picked up and dropped off. Also, positively no leaving your vehicle in the driveway and walking into the building. Please inform your delivery places.

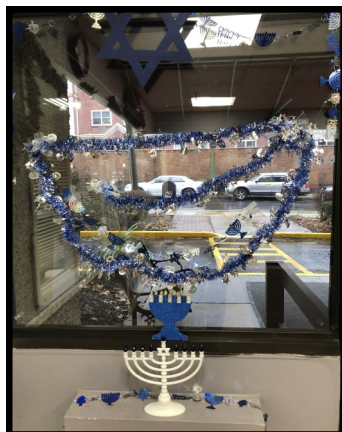
PHOTO GALLERY



CONGRATULATIONS TO JOSEF KOGAN ON ONCE AGAIN TAKING THE FIRST PRIZE FOR HIS WOOD CARVING MASTERPIECE.



NILI MIOT'S BIRTHDAY WAS CELEBRATED AT THE BIRTHDAY CLUB. HAPPY BIRTHDAY NILI!



THE BUILDING IS BEAUTIFULLY DECORATED FOR THE HOLIDAYS! THANKS TO ALL THOSE WHO HELPED.



PEARL HARBOR

The attack on Pearl Harbor was an event that inspired a nation coming together. It continues to bring out emotions from the most hardened sailors and soldiers.

DECEMBER SEVENTH



*Pearl of beauty, Pearl of life,
Within your channels deep
Rest the men and tools of war
For you and God to keep.*

*From northern skies fell death and strife,
Your paradise turned hell;
As history wrote by early light
A tearful memory tale.*

*Such valor there was to be found
Mid tragic human loss;
While doomed souls lay in perils rain
War bloomed...the final cost*

*For all who died that Sabbath morn
We bow our heads and pray
For the God please, A Grant of Peace,
For us...a better way
-Cornelius Douglas*



HOLIDAY CHEER

Christmas Quotes to Help you Celebrate the Season

- ♦ *"Christmas is like candy; it slowly melts in your mouth sweetening every taste bud, making you wish it could last forever." - Richelle E. Goodrich*
- ♦ *"Christmas is the season for kindling the fire of hospitality" - Washington Irving*
- ♦ *"The best way to spread Christmas cheer is singing loud for all to hear." -Will Ferrell*
- ♦ *"I will honor Christmas in my heart, and try to keep it all the year." - Charles Dickens*
- ♦ *"Gifts of time and love are surely the basic ingredients of a truly merry Christmas." - Peg Bracken*
- ♦ *"Blessed is the season which engages the whole world in a conspiracy of love." -Hamilton Wright Mabie*
- ♦ *"I like to compare the holiday season with the way a child listens to a favorite story. The pleasure is in the familiar way the story begins, the anticipation of familiar turns it takes, the familiar moments of suspense, and the familiar climax and ending." - Fred Rogers*
- ♦ *"Christmas Day is in our grasp, as long as we have hands to clasp! Christmas Day will always be, just as long, as we have we! Welcome Christmas while we stand, heart to heart, and hand in hand!" - Dr. Seuss*
- ♦ *"T'was the night before Christmas, when all through the house, not a creature was stirring, not even a mouse." - Clement Clarke Moore*
- ♦ *"The earth has grown old with its burden of care, but at Christmas it always is young, the heart of the jewel burns lustrous and fair, and its soul full of music breaks the air, when the song of angels is sung." - Phillips Brooks*

-Donna Brightman

