

Housing Authority of the
Borough of Highland Park
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Housing Authority of the Borough of Highland Park



July 2018

THE HIGHLANDER

It's officially the middle of the year and its Summer! Looking forward to those lazy, hazy days of Summer. I do hope you enjoy the weather and do the outside things you waited to do all year but please be mindful of over exposure to the sun and the heat. Drink plenty of water and avoid getting overheated. It can be deadly to your health.

We are still hoping and waiting for a volunteer to undertake the "Summer Barbeque Chef" position! Chuck can't do it this year. If you are willing to do it, please stop in the office and we will go through the details.

We have a brand new "Birthday Club" we will start under the leadership of Patty Nash with some help from Kettly. Stay tuned for more details!

On a personal note, my husband, daughter and I are off to Colombo, Sri Lanka in July to attend my niece's wedding. We are so excited as it promises to be a full family reunion, something I just hunger for. It feels like I get to renew my batteries! Be good and be safe!

Happy Summer!

RUNI SRIWARDENA



THE LAND OF LIBERTY

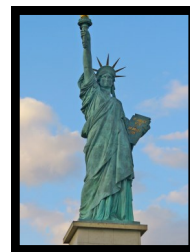
As we observe 4th of July, America's birthday, this poem by an anonymous author is sure to get you feeling so sentimental, emotional and proud of the beautiful country we call America!

I love my country's pine-clad hills,
Her thousand bright and gushing rills,
Her sunshine and her storms;
Her rough and rugged rocks, that rear
Their hoary heads high in the air
In wild, fantastic forms.

I love her rivers, deep and wide,
Those mighty streams that seaward glide
To seek the ocean's breast;
Her smiling fields, her pleasant vales,
Her shady dells, her flowery dales,
The haunts of peaceful rest.

I love her forests, dark and lone,
For there the wild bird's merry tone
I hear from morn till night;
And there are lovelier flowers, I ween,
Than e'er in Eastern lands were seen,
In varied colors bright.

Her forests and her valleys fair,
Her flowers that scent the morning air,
All have their charms for me;
But more I love my country's name,
Those words that echo deathless fame,
The Land of Liberty



RENT

Rent is due on the 1st.



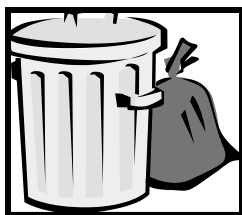
If you are using the rent box, your check must be in the box before 4 PM on July 7th.

After 4 PM it is late—No exceptions!

*** **Important*****

- ♦ Do not post-date your checks. When a check is received by the Housing Authority, it must be deposited within 48 hours. We cannot deposit checks that are post-dated and cannot hold them until the following month. If you have a third party paying your rent please make sure your name & apartment number is on the check or money order.

ATTENTION
ALL RESIDENTS!
**THE NEXT BULK
PICK-UP IN
HIGHLAND PARK IS
ON August 8th**



THIS MONTH IN HISTORY

July 1, 1862—President Abraham Lincoln signed the first Income Tax Bill, levying a 3% income tax on annual incomes of \$600-\$10,000 and a 5% tax on incomes over \$10,000.

Also on this day, the Bureau of Internal Revenue was established by an Act of Congress.

July 2, 1964—President Lyndon B. Johnson signed the Civil Rights Act of 1964, prohibiting discrimination on the basis of race.

July 6, 1885—Louis Pasteur gave the first successful anti-rabies inoculation to a boy who had been bitten by an infected dog.

July 10, 1991—Boris Yeltsin took the oath of office, becoming the first popularly elected president in Russia's thousand-year history.

July 13, 1787—Congress enacted the Northwest Ordinance establishing formal procedures for transforming territories into states.

July 16, 1769—San Diego was founded as the mission San Diego de Alcala by Father Junipero Serra.

July 18, 1947—President Harry Truman signed an Executive Order determining the line of succession if the president becomes incapacitated or dies in office. Following the vice president, the speaker of the house and president of the senate are next in succession. This became the 25th Amendment to the U.S. Constitution, ratified on February 10, 1967.

July 20, 1954—An agreement was signed in Geneva, Switzerland, ending hostilities between French forces in Vietnam and the People's Army of Vietnam.

July 21, 1898—Guam was ceded to the United States by Spain.

July 23, 1952—Egyptian army forces launched a revolution changing Egypt from a monarchy to a republic.

July 26, 1945—The U.S. Cruiser Indianapolis arrived at Tinian Island in the Marianas with an unassembled Atomic bomb, met by scientists ready to complete the assembly.

July 30, 1975—Former Teamsters Union leader James Hoffa was last seen outside a restaurant near Detroit, Michigan. His 13-year federal prison sentence had been commuted by President Richard M. Nixon in 1971. On December 8, 1982, seven years after his disappearance, an Oakland County judge declared Hoffa officially dead.

Submitted by: BONNIE BONANNO, 2-F

GOOD ADVICE FROM OUR TENANT SERVICES COORDINATOR / SOCIAL WORKER, KETTLY GILLES

Prevent Tick Bites



Wear Repellent - Repellents containing DEET repels ticks to areas where they could still bite. Clothing repellents containing PERMETHRIN kills ticks. The best protection is to use repellents containing Permethrin on your clothes and repellents containing DEET on your skin.

Wear Light-Colored Clothing – Ticks can hitch a ride on your clothes undetected. Wear light colored clothing to make them easier to spot when performing tick checks!

Be Cautious of Tick-Infested Areas – Be cautious of ticks when doing outdoor activities like hiking, camping and yard work. Stay away from areas that are known to be tick-infested or have tick-infested signs posted.

Check Pets – After coming in from outdoors, it is recommended to always perform a tick check. Double check your pets as ticks can get lost in their fur and can transfer themselves onto you and your family.

Please continue to schedule your appointment in the office.

Have a great Summer!!!

PLEASE NOTE THAT DURING JULY & AUGUST WHEN THE OFFICE DOES FLEX HOURS, I WILL BE CHANGING MY DAYS TO MONDAYS & THURSDAYS AT HIGHLAND PARK. PLEASE MAKE SURE TO SCHEDULE YOUR APPOINTMENTS AT THE OFFICE AHEAD OF TIME SO I CAN BETTER SERVE YOU.

-KETTLY

MARK YOUR CALENDAR

- ♦ Tuesday, July 10th—Lunch Around the World, International Lunch at 12 noon, hosted by the Resident Council
- ♦ 25th—Resident Council Meeting 4:00 PM
- ♦ Mondays/Wednesdays/Fridays—S.K Café 10:30 am

RESIDENT NEWS

- Congratulations to Daniel Beckenstein on his new car—loads of luck to you!
- Clara O'Neil and her daughter are away in Florida. Have a great time.
- Proud of Quanisha Jenkins of Park Terrace who is back to being a fulltime student at Middlesex County College. Keep studying, knowledge and education is powerful!
- Good luck to Tanya Middleton who is undergoing surgery. Get well soon.

Dear fellow residents:

Here we are, finally with some decent weather lasting more than one day at a time. Sometimes, when I am out in the garden, it allows me what I call Zen time. Hehe, time to be peaceful and reflect on what is happening around me. As I hooked up a sprinkler, I was reminded of when I started to put plants in the front of the building. I have to admit I did this for completely selfish reasons. I got tired of being on my balcony and seeing just brown mulch below. So I decided to change my little corner of the world and add some color. In the beginning it was just a few little plants, and I had no tools at all. I had to water them using 1 gallon milk jugs. My big cash outlay was a water key, total \$5.00 and a new hose. Simple things but changed my life a lot. As I was out there, I was approached by a man I knew to be new to the building. I now know him as Burt Stein. Burt and his wife Flo, graciously gave me garden tools, a hose container and a brand new hose. The garden was then extended again.

I am reminded of a story once told to me about a man who was searching for what made a person a success in life. He had a dream in which he entered the front door of a large building and in the front entrance was a door on his left. As he opened it he saw a very large room in the middle of which was a large pool of the most delicious smelling soup you could ever imagine. Surrounding this pool was seated a large group of people with one hand tied behind their back. Tied to the other hand was a ladle that was too long for the person to reach their own mouth. They were very desperate. The soup was right there yet they could not eat it. They were groaning and starving! The man was then lead to leave the room and enter the second room where he discovered the same situation as before. Same container of soup, same group of people with the hand behind their back and a ladle too long to reach their own mouth. Yet these people were happy and full, singing and enjoying life. He left this room more confused than before. Why, in the same circumstances was there two different reactions? Later, he came to realize that in the first room the people were only focused on themselves and how they could not feed themselves. They were miserable. In the second room, the people had learned to feed each other. Since the ladle was too long for themselves, they were taking care of each other. So everyone was prospering in these conditions.

I water my garden early in the morning and there is a group of folks who I see almost everyday. I call them my garden buddies. For the most part I cannot speak their language and they cannot speak mine. But we have found a way to encourage each other. They have taught me that real caring comes in so many ways. And I want to thank them for learning the lesson of feeding each other. Also, thanks to Burt & Flo Stein for reminding me of this important lesson. - **CHUCK LACAILLADE 2-Q**

CHEF'S CORNER

Easy Baked Ruben



2 cups Original Bisquick mix

1 cup milk

1 egg

2 tsp caraway seed

1/2 lb. sliced deli corned beef

3/4 cup shredded Swiss cheese (6 oz.)

1 can (14 oz.) sauerkraut, well drained

1/2 cup Thousand Island dressing

Heat oven 400 F. Spray 8-inch square (2-quart) glass baking dish with cooking spray.

In a medium bowl, stir Bisquick mix, milk, egg and 1 tsp of the caraway seed with a fork until blended. Spread 1 cup batter in baking dish.

Brush corned beef slices with mustard; layer on top of batter in baking dish. Top evenly with cheese and sauerkraut. Sprinkle with remaining 1 tsp caraway seed.

Bake uncovered 28 to 32 minutes or until light golden brown and center is set. Let stand 5 minutes before cutting. Serve with Thousand Island dressing.

Makes 6 servings



Special Days of July

4th—Independence Day

16th—National Ice Cream Day

19th—National Hot Dog Day

Quotable Quotes

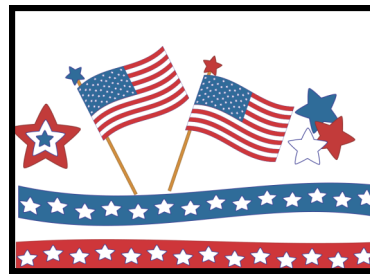
“For every minute you remain angry, you give up sixty seconds of peace of mind.”

-Ralph Waldo Emerson

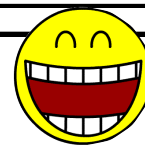
“Innovation distinguishes between a leader and a follower.” - Steve Jobs

Full Moon:

July 27th—known as the Full Buck Moon



SMILE AWHILE.....Independence Day Style!



- ♦ What dance was very popular in 1776?....Indepen-dance!
- ♦ Teacher: “More than 200 years ago, our forefathers defeated the British in the Revolutionary War.”...Student: “Wow! They must have been pretty strong, four men defeating a whole army!”
- ♦ What was the Patriot’s favorite food in the Revolutionary War?...Chicken Catch-a-Tory!
- ♦ How is a healthy person like the United States?...They both have good constitutions!
- ♦ What ghost haunted King George III?...The spirit of ‘76!
- ♦ What would you get if you crossed the American national bird with Snoopy?...A bald beagle!
- ♦ Teacher: Johnny, what are the last words of the “The Star Spangled Banner”?...Johnny: “Play ball”?
- ♦ What’s the difference between a duck and George Washington?...One has a bill on his face; the other has his face on a bill!
- ♦ What was Thomas Jefferson’s favorite dessert?...Monti jello!

MEET THE RESIDENTS.....

**FLORENCE STEIN
SAMUEL KRONMAN, APT. 5-S**

Hi, my name is Flo Stein. I was born in Queens, NY on March 8th, 1954. I had one brother, Ike, who sadly passed away in 1974. When I was just 3 years old in 1957, we moved to North Miami Beach, Florida. I grew up there and graduated from Miami Norland High School. I took one year of College and then worked as a switch board operator for a jewelry company. Eventually, they had 75 stores. I trained every one of the switch board operators for all 75 stores!

I moved back to Queens in 1985 and became a Customer Service Rep for different corporations. In 1998, I met my husband Burt at a Passover Seder in Disney World! Within one week, everyone at the hotel was asking when we were getting married! We were married 6 months later and moved into our new apartment in Queens. Burt was working for Lehman Brothers as an editor for stock reports.

We moved to Highland Park in 2003 and bought our first home on Hilton Street.

In 2016, we were very lucky to be able to move into Samuel Kronman. We enjoy all the activities and all the people because it is a very joyous place to live.

I donate my free time to car pool children to and from school and camp. I also love to cook!

LUNCH AROUND THE WORLD!

The Resident Council announces a great event, an international lunch on Tuesday, July 10th starting at 12 noon. Admission is a small tray of food (preferably ethnic) for you and to share with a few more people. Please see Bonnie for more details and please sign up on the master sheet placed on the bulletin board across from the elevator.

WANTED.....SUMMER BBQ CHEF!

We are looking for a volunteer Summer BBQ chef to continue the good work Chuck did for us. This person will be available for a couple of hours every other week to cook on the grill for his or her neighbors. People will bring down their own meat or fish pre-thawed and seasoned and the chef will simply cook it for them. The residents then can either opt to eat together outside or in the community room or take the food up to their own apartments. This is a great way to allow our residents to taste and experience the sizzling taste off a BBQ grill right through the summer! Please contact the office if you are interested.

STILL WAITING!

We are still waiting for the laundry company to remove their machines. We will then paint all 6 laundry rooms. The new Company, FMB Laundry, will then install their new machines. We will let you know as soon as we know! In the meantime, it is still advisable to load just \$5.00 at a time on your laundry cards.

NEW BIRTHDAY CLUB!

In the Fall, we will start a new Birthday Club under the leadership of Patty Nash. When you become a member of this club, your birthday will be celebrated in style with a big birthday cake! It will be a feel good, fun club to belong together which will meet once every month. We would like to start a "Name the Club" competition to find a good name for this birthday club. Please give your name suggestions to Patty!

ARTS AND CRAFTS

Please donate arts and crafts supplies to Patty Nash who will be soon re-starting arts and crafts!

LOCK YOUR CARS AND VEHICLES PLEASE!

We recently had a kid trying to open cars in our parking lots. Please make sure you keep your vehicles locked and please do not keep money, electronics, purses, wallets etc. in plain view. You must be alert and call the police if you see any suspicious activity.

FINGERPRINTS ON ELEVATORS!

Our maintenance staff keeps cleaning the elevator stainless steel walls but people keep putting their "paw prints" on them leaving ugly marks all over the walls. Please refrain from doing this. Let's work together to keep our building looking good.

PHOTO GALLERY

THE RESIDENT COUNCIL THROWS A YUMMY SUB LUNCH!



JOE & CHUCK BUILDING THE VICTORY GARDEN FENCE & GATE!



LIZZY PLACING NAME TAGS!



**IT WAS SO NICE HAVING OUR PARK TERRACE RESIDENTS
ALL TOGETHER FOR THE RAD CONVERSION LEASE SIGNING!**



**THE STAFF TREATS OUR TWO DADS ,
JOE & JEFF, TO A FATHER'S DAY PIZZA
TREAT!**





HAPPY BIRTHDAY, AMERICA!

FREEDOM AND LIBERTY

Those who deny freedom to others deserve it not for themselves.

- Abraham Lincoln

Freedom has its life in the hearts, the actions, the spirit of men and so it must be daily earned and refreshed, else like a flower cut from its life-giving roots, it will wither and die.

-Dwight Eisenhower

My definition of a free society is a society where it is safe to be unpopular.

-Adlai Stevenson

It is easy to take liberty for granted, when you have never had it taken from you.

Unknown

Freedom is the oxygen of the soul

Moshe Dayan

No one is free when others are oppressed.

Unknown

We must be free not because we claim freedom, but because we practice it.

William Faulkner

Freedom is not worth having if it does not connote freedom to err.

Mahatma Gandhi

Give me liberty or give me death

Patrick Henry

Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected, and handled on for them to do the same.

Ronald Regan



Happy 4th of July
Donna Brightman

